

FLU FACTS AT 50+ YEARS OF AGE KNOWING COULD HELP SAVE YOUR LIFE

**INFLUENZA AND CARDIOVASCULAR DISEASE
WITHIN 3 DAYS OF INFLUENZA INFECTION,
ADULTS ARE AT INCREASED RISK OF SERIOUS COMPLICATIONS:**

~10X MORE LIKELY
TO SUFFER A
HEART ATTACK^a

~8X MORE LIKELY
TO SUFFER A
FIRST STROKE^b

INFLUENZA AND DIABETES COMPLICATIONS:

3X HIGHER RISK OF
HOSPITALIZATION

4X HIGHER
RISK OF **ICU**
ADMISSION^c

2X HIGHER RISK OF
DEATH AFTER
INFLUENZA
HOSPITALIZATION

**STUDIES HAVE SHOWN THE FLU TO BE LINKED TO
MAJOR CAUSES OF HOSPITALIZATION IN ADULTS 65+ INCLUDING:**



**PNEUMONIA
AND COPD^d**



**HEART
DISEASE**



STROKE

^a Among 1,227 adults.

^b Among 762 adults.

^c ICU = Intensive care unit.

^d COPD = Chronic obstructive pulmonary disease.

**IT IS CRITICAL TO UNDERSTAND
THE IMPACT OF THE FLU AT YOUR AGE**

FLU FACTS AT 50+ KNOW THE POSITIVE IMPACT OF FLU VACCINATION

THE FLU VACCINE IS PROVEN TO BE SAFE AND EFFECTIVE



THERE IS A **0% CHANCE OF GETTING THE FLU FROM THE SHOT**

Each flu shot is made from killed flu viruses, or no viruses at all, so they cannot give you the flu.



The CDC estimates

MORE THAN 1 MILLION ADULTS 50+ WERE PROTECTED FROM THE FLU by the flu vaccine during the 2018-2019 season

THE FLU VACCINE CAN HELP REDUCE THE SEVERITY OF THE FLU



It is estimated that

DURING THE 2018-2019 FLU SEASON, VACCINATION HELPED PREVENT MORE THAN 3,100 FLU-RELATED DEATHS IN ADULTS 50+



It is estimated that the

DURING THE 2018-2019 FLU SEASON, VACCINATION HELPED PREVENT MORE THAN 37,000 HOSPITALIZATIONS IN ADULTS 50+

NOW IS THE TIME TO GET THE VACCINATION THAT'S RIGHT FOR YOU